

# ACKNOWLEDGMENTS

The goal of the Pan American Health Organization (PAHO) is to bring together in this book the scientific output and successful experiences of recent years in the Americas in the areas of nutrition and the promotion of active lifestyles and to disseminate the lessons learned to countries in this Region and in other regions of the world. This undertaking was very well received from the outset, and we owe a tremendous debt of gratitude to the authors who supported the project and enthusiastically contributed chapters to it. Together, these contributions offer a body of knowledge and experience of enormous value that can help guide the design and execution of similar policies and programs and reduce the high prevalence of nutritional and chronic disease disorders.

Secondly, we wish to offer special thanks to Dr. Gina Tambini, Manager of the Area of Family and Community Health of PAHO, for backing this effort to share the experiences and work in nutrition and physical activity in Latin America through a book geared toward researchers, academicians, students, policymakers, and program directors. We trust that this publication will be very useful in this group's research and education activities, as well as in the execution of different policies and programs.

We also express our special thanks to Judith Navarro and her team in the PAHO Area of Publications, who placed their competence and dedication at the service of this project, so that the book could be published in a timely manner.

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