

The Authors

Cecilia Breinbauer is a psychiatrist specializing in child and adolescent health. She received her medical degree from the University of Chile, followed by postgraduate training in child psychiatry. Since then, Breinbauer has dedicated her professional life to working with children, adolescents, and their families in the promotion of healthy development and parenting. She has enjoyed the close mentorship of Stanley Greenspan, Clinical Professor of Psychiatry, Behavioral Sciences, and Pediatrics at The George Washington University School of Medicine, who is internationally recognized for his research in the area of healthy childhood emotional development. Breinbauer is a member of the Interdisciplinary Council on Developmental and Learning Disorders Advisory Board, where she serves as chair of the public health committee, coordinator for the Latin America and Caribbean network, and president of the Chilean chapter. With the goal of adding a public health perspective to her extensive clinical experience, Breinbauer is currently pursuing a master's degree in public health at The George Washington University in Washington, D.C. Since 2001, she has also served in the Pan American Health Organization's Child and Adolescent Health Unit. Breinbauer is the proud mother of three early adolescents.

Matilde Maddaleno is a pediatrician specializing in adolescence. Following receipt of her medical degree from the University of Chile, she completed postgraduate training in pediatrics. She also holds a master's degree in public health from The George Washington University. From 1986 to 1995, Maddaleno directed the Adolescent and Youth Program in Peñalolen, Chile, and, until 1996, served as assistant professor in pediatrics at her alma mater, where she was also a member of the Curricula Development and Research Advisory Group. From 1992 to 1994, Maddaleno directed the W.K. Kellogg Foundation's Project to Promote Comprehensive Services for Children and Adolescents in the Eastern Metropolitan Area of Santiago, and from 1994 to 1996 was an advisor to the Chilean National Adolescent Health Program. From 1999 until April 2004, Maddaleno served as Adjunct Assistant Professor of Global Health at The George Washington University. Since 1996, she has served as Regional Advisor in Adolescent and Youth Health

and Development for the Pan American Health Organization. In this role, she has overseen the provision of technical cooperation to Latin America and the Caribbean designed to enable governments to develop integrated national programs and services in adolescent health, including strengthening institutional capacity and increasing opportunities for professional training in adolescent public health. During her time at PAHO, Maddaleno has been an outspoken advocate for youth policy development within and outside the Organization, and she and the PAHO adolescent health team have successfully promoted fundraising and resource mobilization at the national and regional levels. In 2001, she was the recipient of an International Association for Adolescent Health Founders' Award for excellence in the field. Maddaleno is the proud mother of two late adolescents.



La fuerza de la juventud

THE PAHO IMAN PROJECT

This book is part of the PAHO Child and Adolescent Health Unit's Integrated Management of Adolescent Needs (IMAN) Project, which focuses not only on the provision of health services, but additionally on health promotion and prevention measures, and seeks to offer priority countries in the Region of the Americas an integrated package of successful interventions in adolescent and youth health and development. IMAN consists of four components: information services, health services, human resources development, and family and community interventions.